



lunch

salads

greek salad

mixed greens, red onions, tomatoes, turkey, cucumbers, olives, feta cheese, served with greek dressing and a feta crisp

citrus salad

mixed greens, apple, citrus, dried fruit, avocado, parmesan, candied nuts with balsamic dressing

turkey taco salad

romaine, turkey, avocado, tomatoes, roasted corn, black beans, green onion, tortilla strips, served with ranch dressing

caesar salad

romaine, turkey, parmesan, house-made croutons, served with caesar dressing

cobb salad

mixed greens, turkey, blue cheese, tomatoes, egg, avocado, bacon, green onion, served with balsamic dressing

deep blue

romaine, blue cheese, tomatoes, egg, shaved steak, green onion, tomatoes, served with blue cheese dressing

hummus plate

hummus, cucumbers, romaine, tomatoes, red bell pepper, red onion and pita points

pie bird sally

mixed greens, turkey, bacon, apple, cranberries, candied nuts, blue cheese, tomatoes, cucumbers, and green onion served with poppyseed dressing

sandwiches

all sandwiches come with a simple salad served with your choice of our house-made dressings: blue cheese, ranch, thousand island, balsamic, caesar, greek, poppyseed

club sandwich

turkey, swiss cheese, lettuce, tomato, bacon, avocado and mayo served on sourdough

caprese sandwich

tomato, basil, fresh mozzarella, pesto, pressed ciabatta

chipotle melt

turkey, swiss, chipotle aioli, lettuce, tomato, onion, cucumber served on wheatberry bread

blta

bacon, lettuce, tomato, avocado, mayo served on your choice of bread

ham and brie

ham, stone-ground mustard, apples, brie, and strawberry preserves on pressed ciabatta

tuna or egg salad sandwich

house-made tuna salad or egg salad, lettuce, tomato served on your choice of bread

reuben

corned beef, sauerkraut, house-made thousand island, swiss served on marbled rye

curry turkey wrap

turkey, dried fruit, curry dressing, lettuce, tomato, onion wrapped with pita bread

quiche

ham & swiss

ham and swiss cheese quiche served with simple green salad

roasted veggie

roasted seasonal veggies, cheddar-jack cheese served with simple green salad